

The Integrated Social-Emotional Learning Approach to Lesson Planning: Relationship Building and Holistic Development

An integrated social–emotional approach to learning where the subject matter is often mediated by the social emotional learning skill being taught, thereby enhancing the academic understanding and meaning.

Learning Objectives: Objectives contain both an academic and a social–emotional component, written in ABC format and in student-friendly language. In addition, students create an objective for themselves and track their progress.

Key Teaching Points

- * Theoretical Framework
- * Learning Objectives (ABC model)
- * ISEL Lesson Plan
 - Integrated social-emotional & student SEL objective
 - Inclusion Activity
 - Engaging Practices
 - Optimistic Closure
- * CASEL’s 5 Core Competencies
 - Self-awareness
 - Self-management
 - Social awareness
 - Relationship skills
 - Responsible decision-making
- * Assessments take many forms for students to demonstrate learning and growth toward individual objectives.

Teaching Ideas

Goal Setting Teachers write their own social–emotional learning objective that will be reflected upon at the end of the lesson. Teachers will capture journal entries (either written, pictorial, or verbal) and will take opportunities along the way to reflect upon what they have learned, to understand their thinking, to make meaningful connections to their lives, and to look ahead to where they will go.

Teaching the Whole Child While exploring the SEL lesson plan, teachers participate in activities to rethink classroom management, pedagogy, and curriculum through the lens of teaching the whole child.

Deeper Dive

- * Dusenbury, L., Calin, S., Domotrovich, C., & Weissberg, R. P. (2015). *What Does evidence-based instruction in social and emotional learning actually look like in practice? A brief on findings from CASEL’s program reviews*. Chicago, IL: CASEL.

Discussion
Questions
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